



LÉMAN MANHATTAN PREPARATORY SCHOOL

LÉMAN PLUS AFTERSCHOOL PROGRAM

General Information

FIRST L+ SEMESTER: Monday, September 16, 2024 – Friday, January 31, 2025

SECOND L+ SEMESTER: Monday, February 3 – Friday, June 6, 2025

NOTE: There is no AfterSchool when Léman is closed for vacation, holidays, or conferences. There is also no AfterSchool on early dismissal days or the Friday heading into Spring Break.

Each day after school, K-5th grade students may participate in Léman Plus classes (L+). Enrollment must be done via [this online form](#).

THE LÉMAN PLUS DAILY SCHEDULE

At the end of each school day, students attending L+ are escorted to afterschool by Léman faculty. They will be given a snack, assemble with the L+ instructors, and then proceed to their L+ classes.

Each L+ day consists of two class sessions. Session A classes end at 4:30 pm; Session B classes end at 5:30 pm. Students may sign up for only Session A with dismissal at 4:30 pm or enroll for both Sessions A and B with dismissal at 5:30 pm. Students can take as few as one class each week or attend daily. Students taking both Session A and B classes on any given day will receive \$100 off the Session B class (excluding Léman Clubhouse). Each semester, L+ schedules change. You must re-enroll, even if you want the same classes each semester.

AFTERSCHOOL PROGRAM FOR CECE STUDENTS IN PK2, PK3, and PK4

Léman also offers an afterschool program exclusively for PK2, PK3 and PK4 students. These families receive separate information about enrollment in that program.

ATHLETICS OPTIONS FOR 5th Graders

Fifth graders can enroll for L+ classes. Additionally, in partnership with Léman's Athletics Department, there are 5th-6th athletics and aquatics classes. These follow a different schedule than L+ as they adhere to the Athletics program seasons. Enrollment is done through L+'s online form for these sports. Year-long swimming and Fall Soccer and Volleyball enroll now. Winter Basketball enrollment will happen in November.

LÉMAN CONSERVATORY PRIVATE MUSIC LESSONS

Private music lessons are offered through the Léman Conservatory which is overseen by our Fine Arts Department. Families will receive information separately from Léman's Fine Arts Department in August, and you can express interest in private lessons via [this form](#). L+ coordinates transitions/dismissal for Conservatory students. Please reach out to Ryan John at r.john@lemanmanhattan.org with any questions.

L+ DISMISSAL

Dismissal from L+ is from the Ballroom. Parents and caregivers come to the Ballroom doors at 4:30 pm to pick up from Session A and at 5:30 pm for Session B.

QUESTIONS or MORE INFORMATION:

Steve Levin, Director of After-School Programs: 332-220-2457 or s.levin@lemanmanhattan.org.

Léman Plus AfterSchool: First Semester 2024-2025

Weekly class schedule (Class descriptions on following pages)

SESSION A CLASSES (until 4:30 pm)	SESSION B CLASSES (until 5:30 pm)
<p style="text-align: center;"><u>Mondays</u></p> <ul style="list-style-type: none"> Chess Club (K-1st) Swimming (K-2nd) Arts Extravaganza (K-2nd) LEGO Bricks Challenge (1st-3rd) Homework Club (2nd-5th) CrossFit Wall Street (2nd-5th) Newspaper Club (4th-5th) (until 5 pm, full year sign up) 	<p style="text-align: center;"><u>Mondays</u></p> <ul style="list-style-type: none"> Léman Clubhouse (K-5th) Chess Club (1st-5th) Arts Extravaganza (1st-5th) LEGO Bricks Challenge (2nd-5th)
<p style="text-align: center;"><u>Tuesdays</u></p> <ul style="list-style-type: none"> Martial Arts (K-2nd) Planes, Trains, and Automobiles (K-2nd) Brooklyn Sewing Academy (2nd-5th) Homework Club (2nd-5th) Swimming Pre-Team (3rd-5th) Let's Get Cooking! (3rd-5th) Futsal (5th-6th) (until 5 pm, ends November 19) 	<p style="text-align: center;"><u>Tuesdays</u></p> <ul style="list-style-type: none"> Léman Clubhouse (K-5th) Martial Arts (1st-5th) Motor Mayhem: Exploring Motion (2nd-4th) Brooklyn Sewing Academy (2nd-5th)
<p style="text-align: center;"><u>Wednesdays</u></p> <ul style="list-style-type: none"> Young Entrepreneurs (K-2nd) Swimming (K-2nd) Creative Arts Open Studio (K-3rd) LEGO Robotics: SPIKE Essentials (2nd-5th) Homework Club (2nd-5th) Pop Hits Chorus (3rd-5th) Swim Team (5th-6th) (until 5 pm, ends May 30) 	<p style="text-align: center;"><u>Wednesdays</u></p> <ul style="list-style-type: none"> Léman Clubhouse (K-5th) Spark Your Genius: Intro to Circuitry (1st-3rd) Budding Entrepreneurs (3rd-5th)
<p style="text-align: center;"><u>Thursdays</u></p> <ul style="list-style-type: none"> Musical Theater: Trolls! (K-2nd) Fitness, Focus & Fun with Zing! (K-2nd) Architecture, Engineering, Math (K-2nd) CrossFit Wall Street (2nd-5th) Homework Club (2nd-5th) Violin Club (3rd-5th) Robotics (3rd-5th) Volleyball (5th-6th) (until 5 pm, ends November 21) 	<p style="text-align: center;"><u>Thursdays</u></p> <ul style="list-style-type: none"> Léman Clubhouse (K-5th) K-Pop Dance Style (1st-5th) Architecture, Engineering, Math (3rd-5th)
<p style="text-align: center;"><u>Fridays</u></p> <ul style="list-style-type: none"> Soccer with Born Kickers (K-1st) Clay Modeling & Character Building w/ Clay World (K-3rd) Creative Film Making with CinemaKidz (2nd-5th) Swim Team (5th-6th) (until 5 pm, ends May 30) 	<p style="text-align: center;"><u>Fridays</u></p> <ul style="list-style-type: none"> Léman Clubhouse (K-5th)

5th-6th Grade Sports: Run until 5:00 pm (see info on last page)

- YEAR-ROUND:** Swim at Upper School (Wednesdays & Fridays, September 18-May 30) \$1695
(Note: You can enroll for only Wednesdays or only Fridays, \$850)
- FALL:** -Futsal at Broad Street Gym (Tuesdays September 17 - November 19) \$450
-Volleyball at Broad Street Gym (Thursdays September 19-November 21) \$450
- WINTER:** Basketball at Broad St. Gym (Tuesdays & Thursdays, December 3-January 30) \$550
- LATE WINTER-SPRING:** Sport TBD

L+ AFTERSCHOOL COURSE DESCRIPTIONS (listed in Alphabetical order)

NOTE: Session B classes (except Clubhouse) will be discounted by \$100 if taking two classes on the same day.

Architecture, Engineering, Math with Kids in Design (K-2nd Thurs Session A; 3rd-5th Thurs Session B) \$695

New at L+ for 2024! Many celebrated architects in history (Pythagoras, Vitruvius, Michelangelo, Leonardo) were also remarkable engineers, mathematicians, and inventors. This course teaches critical skills and thinking in the same cross-disciplinary spirit. This class introduces students to a variety of overlapping ideas in architecture, engineering, and math. Each concept is presented via a hands-on project. Students will complete various open-ended engineering and design challenges throughout the semester. Participants explore concepts such as two- and three-dimensional patterns, domes, skyscrapers, various types of bridges, and prototypes of several historically significant structures. Our teachers are architects, professors, designers: all are experienced educators.

Arts Extravaganza with Ms. Hansen (K-2nd Monday Session A; 1st-5th Monday Session B) \$695

Welcome to the 8th floor Art Room where students engage in crafts, painting, clay, collage, and other means of creativity. Inspired by looking at the works of artists from around the world and various time periods, students will gain a new appreciation for visual arts and get to explore their own creative side with a multitude of art projects.

Brooklyn Sewing Academy (2nd-5th Tuesday Session A; Tuesday Session B) \$695

Back by popular demand! Have you always wanted to use a sewing machine? Want to design and stitch your own clothing, bag? The Brooklyn Sewing Academy combines mindfulness and sewing to explore decision making, foster creativity, and build sewing technical abilities. You can create hand-sewn button pouches, pajama pants, pencil cases, tote bags, pillowcases, stuffed animals, and more! Fashion and fun are in store in this exciting L+ class.

Budding Entrepreneurs with Spark Business Academy (3rd-5th Wednesday Session B) \$695

If you love Shark Tank, this empowering program is for you! Join other intrepid students and develop a business plan for your own business idea. You will learn to take risks and persevere, while making business-like decisions about strategy, marketing and finance (optional activities include building a website and designing business cards). Students build confidence "learning by doing" and make their pitch presentations in a competition with Budding Entrepreneurs from a number of schools!

Chess Club with Mr. Lenny (K-1st Monday Session A; 1st-5th Monday Session B) \$695

Children receive instruction and supervised game play from Mr. Lenny, a skilled chess master who has taught students at every level. Instruction will include piece movement, pawn promotion, castling, basic opening strategies, basic checkmate patterns, master games analysis, and basic tactics (pins, forks, discoveries). Mr. Lenny will stress good sportsmanship as well as respect for the game and other players.

Clay Modeling & Character Building with Clay World (K-3rd Friday Session A) \$695

Clay World explores the art of Clay Modeling and Character Design like no other program! Léman was the first school to bring this Miami Beach-based enrichment program to NYC many years ago, and now they're back to thrill our students! This artistic class helps students improve their creativity, fine motor skills and artistic capabilities in new and unpredictable ways. Monsters, fairies, animals, "living" foods, and all sorts of creatures are hand built to create an amazing Clay World. Different techniques will be implemented such as pointillism, spreads, textured clay among others. Join the amazing Clay World this fall!

Creative Arts Open Studio with Ms. Hansen (K-3rd Wednesday Session A) \$695

Artistic expression is the name of the game in this class, as students will choose their own materials under the guidance of Ms. Hansen. The Art Room becomes each student's own studio as they engage in work of their choosing: painting, drawing, collage, sculpture, scrapbook... you name it! If you can imagine it, you can create it! Partner collaborations will also be an option for those interested in working with a friend.

Creative Film Making with CinemaKidz (2nd-5th Friday Session A) \$695

Lights, Camera, Action! Become a Director, Actor, Cinematographer, and Editor with CinemaKidz. Utilizing professional equipment and technology, students will work together and learn how to use cameras, audio equipment, and editing software, while creating completely original video projects. Students will get creative as they try their hand at various special effects techniques: building props, combining claymation and live-action video, experimenting with the potential of green screens, practicing various camera tricks, utilizing stock videos, video filters, and much more! Participants will learn how to make movies from start to finish as they plan, write, film, act in, and edit an original project together.

CrossFit Wall Street (2nd-5th Monday Session A; Thursday Session A) \$695

Back by popular demand! Piloted at Camp Léman in 2018 and added to L+ soon after, this engaging fast-paced workout class gets older students moving at a gym just one block from Léman and has become a favorite of L+ and Camp Léman. Led by a professional trainer, participants will learn effective, age-appropriate exercises to help stay fit and healthy. Students are walked to and from the gym by a CrossFit staff member.

Fitness, Focus and Fun with Zing! (K-2nd Thursday Session A) \$695

After debuting at L+ this past spring and getting campers moving this summer at Camp Léman, a Zing coach will engage students and keep them fit in this action-packed and exhilarating fitness class. Through various warm ups, exercises, and workout routines, young students will learn that staying fit can be fun!

Homework Club (2nd-5th Monday, Tuesday, Wednesday, or Thursday Session A) \$400

L+ staff ensure a quiet and conducive environment in which students can complete their homework. Students are expected to work independently and do their daily reading if they finish their written homework. Students must come prepared to focus on getting their homework completed so that all can enjoy some game time at the end of the hour!

K-pop Dance Style with DramaZone (1st-5th Thursday Session B) \$695

This popular returning L+ class became an instant hit at L+ last year and is sure to be a favorite at Léman again this year! A cutting-edge K-pop class with lots of great moves will get your whole body in motion. Learn favorite K-pop style dancing based on the original choreography we all know and love. Starting with a proper studio warm up, students get right into the action, and they will choreograph numerous dances to perform at the end of the semester for families.

LEGO Bricks Challenge with Young Engineers (1st-3rd Monday Session A; 2nd-5th Monday Session B) \$695

Young Engineers launched last Winter at L+ with great success! Each class begins with an exciting story that opens students' minds to the expansive world of STEM which allows them to use their imagination and critical thinking skills. Using building blocks in conjunction with other tools and mechanical parts, our students develop their building skills. Each lesson starts with a brief demonstration that is immediately followed by building Young Engineers models. Bricks Challenge participants use design kits exclusively made by Young Engineers' research and development team. Mechanical parts allow them to build racing cars, windmills, carousels and more, as the concepts of engineering come to life.

LEGO Robotics: SPIKE Essentials with iCamp (2nd-5th Wednesday Session A) \$695

Dive into the world of robotics with our LEGO Robotics: SPIKE Essentials course! Geared towards young engineers and tech enthusiasts, this dynamic course introduces participants to the fundamentals of robotics using the innovative LEGO SPIKE Prime set. Students will learn essential coding skills, engineering concepts, and problem-solving strategies as they design and program their own interactive robots. Working in teams, students will explore topics such as sensor technology, mechanical design, and automation, while gaining practical experience in robot construction and programming. Whether it's navigating obstacle courses, completing missions, or unleashing their creativity in open-ended projects, this class is an engaging and immersive learning experience that prepares students for future STEM success!

Léman Clubhouse (K-5th Monday-Friday Session B) \$350

Students enjoy games, books, arts materials, block building, and other activities in a supervised room to end their day at school. Weather permitting, they may also enjoy play time on the rooftop.

Let's Get Cooking with Léman Café Chefs (3rd-5th Tuesday Session A) \$695

Welcome to the Léman Café, the source of sweet aromas and delicious culinary creations. Students will work with Léman's culinary professionals on cooking both sweet and savory treats to enjoy each week. We will share the recipes so that they can make them at home, and perhaps add their own personal touch as they develop their own kitchen skills.

Martial Arts with Mr. G (K-2nd Tuesday Session A; 1st-5th Tuesday Session B) \$695

In the modern world of phones and tablets, a refreshment of mind and body are necessary to maintain good health. This martial arts class provides that opportunity! Through cardio, strength training, boxing, and stretching, your child will have an action-packed experience to look forward to each week. Each class is formulated to bring out the absolute best qualities in your child. Learning self-defense maintains confidence, rigorous physical training teaches discipline, and the relationship between teacher and pupil instills them with eternal wisdom. These classes are the perfect balance between traditionalism and modernism, which will be FUN, but also a serious introduction to what it means to be a young martial artist.

Motor Mayhem: Exploring Motion with iCamp (2nd-4th Tuesday Session B) \$695

Prepare for an action-packed adventure into the realm of motors, propulsion, and motion. Throughout this course, young scientists and engineers will dive headfirst into a series of exhilarating activities designed to unravel the mysteries of movement and mechanics. Students will unleash their creativity as they craft quirky DIY toy cars from recycled materials, engineer whimsical balloon-powered boats, construct hydraulic machines inspired by marine life, create dazzling electric circuits powered by small motors, design motor-powered marble runs, and more. Each activity will engage participants in hands-on experimentation, sparking their curiosity and inspiring them to explore the forces behind motion.

Musical Theater: Trolls! with DramaZone (K-2nd Thursday Session A) \$695

Join Poppy and Branch on this exciting adventure to save our friends! This production is uplifting and full of spirit as it teaches us what we can accomplish when we work together. Led by the pros at the DramaZone, this class includes songs, dances, scenes, and games based on the movie *Trolls!* in preparation for a show for friends and family. Children will also have technical instruction in acting, singing and dancing.

Newspaper Club with Mr. Peter (4th-5th Monday Full Year class; Double Session ends at 5:00 pm) \$1195

Léman's Lower School Newspaper published its first issue in June 2022. Since then, regular issues of *The Junior Bullhorn* have kept our community informed of all the goings on throughout our school and in the broader world. We will deepen the journalistic skills of our students as they contribute to this "newsworthy" part of the 41 Broad. Newspaper "staffers" must commit for the full year, and Monday meetings will run from the end of the school day until 5:00 pm. Working with Teacher-Advisor Mr. Peter, students will learn writing and reporting skills, experience the challenge of deadlines and word counts, and develop an appreciation of the journalistic process. Note: Students not joining the "staff" of the Junior Bullhorn will still be able to contribute by writing articles and making other submissions throughout the year.

Planes, Trains, and Automobiles with iCamp (K-2nd Tuesday Session A) \$695

This new engineering class will put learners in the driver's seat as they fly down the fast lane of engineering. From airplanes soaring through the clouds, to cars zooming on the ground, to trains chugging along tracks, budding engineers will explore the fundamental principles behind these modes of transportation. Through construction and engineering challenges, students will not only grasp the basics of how vehicles work but also develop problem-solving skills and a curiosity for the fascinating field of engineering. Get ready to rev up your imagination and take flight into the captivating world of vehicle engineering!

Pop Hits Chorus (3rd-5th Wednesday Session A) \$695

Pop Hits Chorus is an opportunity for students to sing the songs that they know and love as part of a chorus. The class emphasizes collaboration and celebrates the joy that comes from making music as an ensemble. The class is intended for students with any levels of musical experience, with the intention that all students will gain musicianship, ear training skills and learn to sing both the melody and the harmony of different songs. Students will perform for their families at the end of the semester.

Robotics with Vineyard App Camp (3rd-5th Thursday Session A) \$695

Unleash your creativity in this exciting Robotics class! Discover the awesome world of robotics, engineering, and coding as you work with your own robot. With provided materials (SmartKiddo robots), students learn engineering and programming skills while crafting programs of varying complexity that help robots move and interact with the world. No previous experience is needed; just bring a passion for innovation, problem-solving skills, and an engineering mindset. Join this class for an exhilarating journey into the realm of robotics and embrace the endless possibilities of technology and creativity!

Soccer with Born Kickers (K-1st Friday Session A) \$695

Born Kickers FC is again bringing the Kickers Soccer program to Léman after many years of coaching at Camp Léman and L+. The program focuses on basic skills with the ball, footwork, and physical agility. Players develop their game with the right balance between engagement and fun under the instruction of fantastic soccer coaches from around the world.

Spark Your Genius: Intro to Circuitry with iCamp (1st-3rd Wednesday Session B) \$695

Welcome to this exciting circuitry class, where young minds will embark on a journey into the world of engineering and electronics through the innovative Snap Circuits system. In this hands-on class, children will discover the fundamentals of circuitry by utilizing building components with snaps, assembling electronic circuits on a user-friendly "rows-and-columns" base grid. Snap Circuits offer a unique and engaging way for our emerging engineers to explore and understand basic electronics concepts, fostering creativity and problem-solving skills. Through fun and interactive projects, the resulting creations mimic the functionality of printed circuit boards commonly found in electronic products, providing a foundation for future STEM exploration.

Swimming with Léman Aquatics (K-2nd Monday Session A; Wednesday Session A) \$695

Whether dealing with a child's first experiences in the pool or teaching advanced stroke technique, we create aquatic classrooms where fear turns to joy, and a lifetime love of swimming is nurtured. Low teacher-to-student ratios ensure that each student will improve their skills with differentiated instruction.

Swimming Pre-Team with Léman Aquatics (3rd-5th Tuesday Session A) \$695

The Pre-Team is intended for skilled swimmers who are proficient at freestyle and backstroke, can swim 4 laps of freestyle, and are excited to practice and be part of a team-style practice. Lap swimming, advanced stroke technique, and racing skills are all a part of the pre-team practices that will be led by Léman's Aquatic Staff. This serves as an excellent prep for our Upper School swim teams! 5th graders are also eligible to join the 5th-6th swim team which practices year-long on Wednesdays and Fridays.

Violin Club with Jon Weber (3rd-5th Thursday Session A) \$695

Students who love playing the violin and want to play in a string ensemble are invited to be part of this after-school group! It will continue to build on the violin skills learned from the daytime music classes. Under the direction of Jonathan Weber (Upper & Lower School Violin and String Ensemble Teacher), students will continue to build musicianship, develop violin performance skills, and learn repertoire in a variety of genres ranging from classical & folk music to popular music. (Admission Prerequisite: Students interested in participating in this group should currently be of an "intermediate" playing level with basic knowledge of 1st Position on the violin.)

Young Entrepreneurs with Spark Business Academy (K-2nd Wednesday Session A) \$695

In this empowering program, younger students apply their personal skills and interests toward being an entrepreneur! Students brainstorm their own business ideas based on personal interests, design marketing materials including business cards and flyers, then determine pricing needed to make a profit. Students have fun while developing business savvy and wrap up the semester launching their businesses at an end of semester event to raise money for a charity they select!

Sports Classes for 5th-6th Grades (until 5:00 pm) – See pricing and dates on bottom of page 2

In partnership with Léman's Athletics Department, L+ offers twice a week seasonal sports classes for 5th and 6th graders to help prepare students for Léman's Athletics Teams which start in 7th grade. Participants will enjoy instruction and friendly scrimmages against their Léman peers. Gym sports (volleyball, futsal and basketball) will be held at 41 Broad Street on Tuesdays and Thursdays with dismissal from the Broad Street Lobby at 5:00 pm. Swim Team (which lasts the full year) will be at 25 Greenwich Street (the Upper School Pool) on Wednesdays and Fridays with pick up at 5:00 pm from the 25 Greenwich entrance. Students are encouraged to attend both days of swimming, though, if necessary, can attend only Wednesdays or only Fridays. The late Winter-Spring sport be announced when L+ second semester information goes out in December.



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Each student, future prepared.